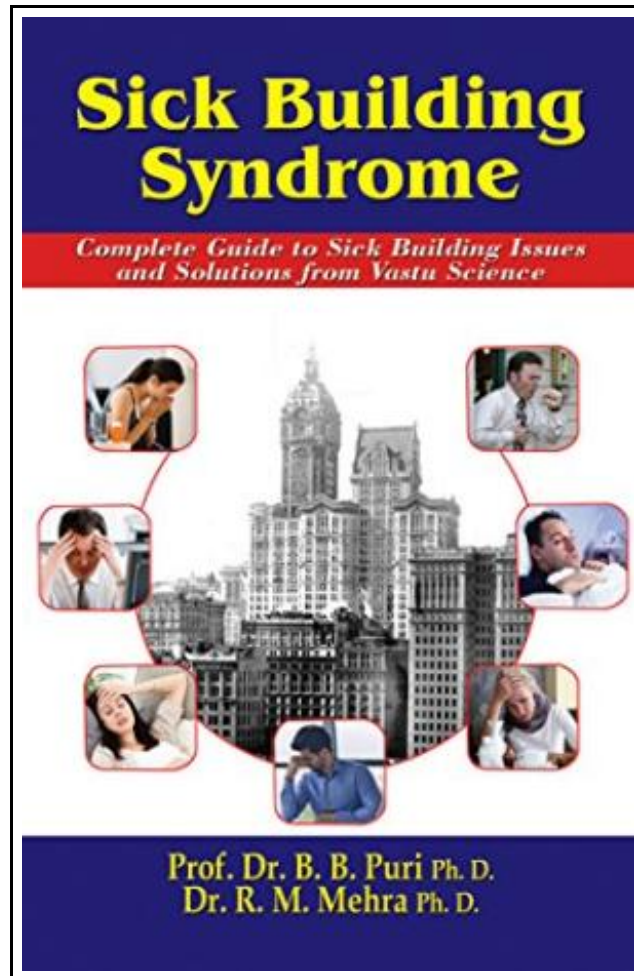


## Sick Building Syndrome: A Complete Guide to Sick Building Issues-Solutions From Vastu Science



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## SICK BUILDING SYNDROME: A COMPLETE GUIDE TO SICK BUILDING ISSUES-SOLUTIONS FROM VASTU SCIENCE



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Low Price Publications/D.K. Publishers Distributors Pvt. Ltd., New Delhi, India, 2015. Softcover. Book Condition: New. Today everyone is conscious about health but there are very few people who know that BUILDING can be one of the root causes of our diseases. Generally people are unable to find out root cause of ill health. Building and environmental conditions affect both mental and physical health of an individual. Health and home have a close relationship. People get affected by the environment they live in. This book on Sick Building Syndrome is an attempt by the authors to make a common man aware about threats of ill health from building and environment. It also highlights the causes, diseases and solutions to problems generated through building and its environment. A human body is a living organism or structure, embodied with energies in and around, with self maintained systems (physiology) running by themselves to maintain the organism. Similarly a building is also an enclosed vibrating structure with embodied energies in and around with partially self created systems and process primarily supported by forces of nature. Every structure is an enclosed space or embodied spatial form surcharged with energies within. Sick Building Syndrome is a complex problem created by multiple factors both physical and non physical in nature, affecting not just the physical but also the mental, emotional, intellectual and spiritual comfort and balance of the occupants. It is not just created through poor indoor air quality and poor building materials as mostly known but is also affected by many other factors combining to create unhealthy internal bio-climate, which includes holistic factors too. Printed Pages: 185 with b/w photographs.

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