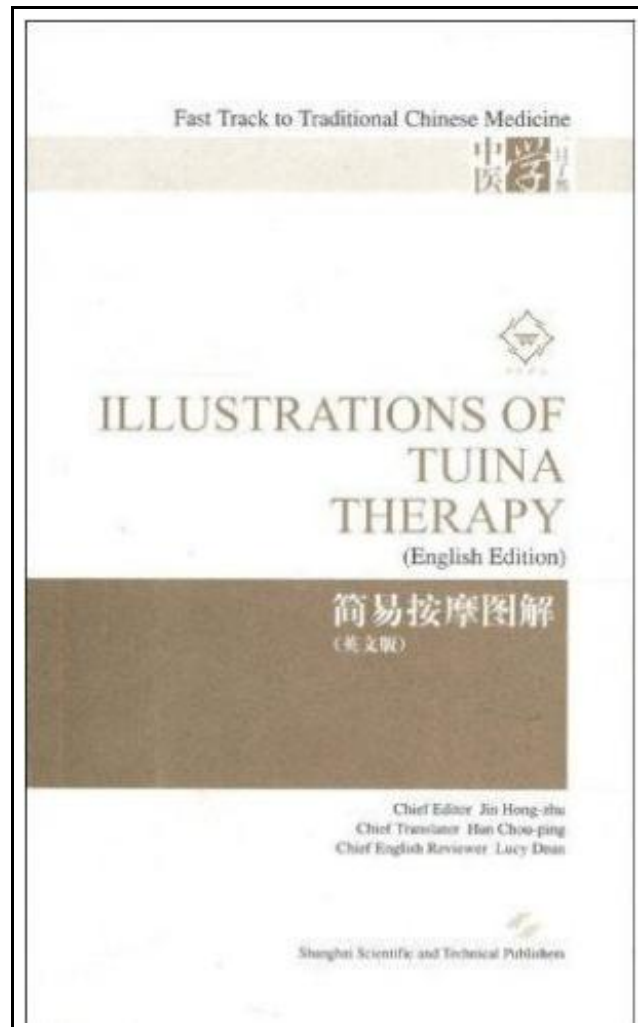


Illustrations Of Tuina Therapy



Filesize: 8.47 MB

Reviews

This written ebook is excellent. It is amongst the most awesome ebook i have study. You will not truly feel monotony at whenever you want of the time (that's what catalogs are for regarding if you ask me).

(Devante Langworth IV)

ILLUSTRATIONS OF TUINA THERAPY



To read **Illustrations Of Tuina Therapy** PDF, please refer to the link listed below and download the file or have access to additional information which might be have conjunction with ILLUSTRATIONS OF TUINA THERAPY ebook.

Shanghai Science and Technology Press, 2009. Soft cover. Book Condition: New. 185*130mm. This book introduces easy to administer tuina methods for 66 common diseases. There is a Chinese saying that states; sharp tools make good works; this edition; with colored illustrations; aims to serve as a sharp tool for those who prefer to deal common conditions using tuina manipulation. Part A Commonly Used Tuina Manipulations 1 Rolling ;Gun; manipulation 2 Kneading ;Rou; manipulation 3 Circular rubbing ;Mo; manipulation 4 Rubbing ;Ca; manipulation 5 Pushing ;Tui; manipulation 6 Twisting ;Cuo; manipulation 7 Vibrating ;Don; manipulation 8 Pressing ;Ya; manipulation 9 Digital pressing ;Dian; manipulation 10 Pinching ;Nie; manipulation 11 Twirling ;Nian; manipulation 12 Grasping ;Na; manipulation 13 Patting ;Pal; manipulation 14 Tapping ;Ji; manipulation 15 Shaking ;Yao; manipulation 16 Pulling ;Ban; manipulation 17 Plucking ;Tan; manipulation 18 Pulling and stretching ;Ba Shen; manipulation 19 Pressing and kneading ;An Rou; manipulation 20 Grasping and kneading ;Na Rou; manipulation Part B Tuina Therapy for Common Conditions 1 Stiff neck 2 Cervical spondylosis 3 Acute lumbar sprain 4 Chronic lumbar muscle strain 5 Degenerative spondylitis 6 Transverse process syndrome of the 3rd lumbar vertebra 7 Herniation of the lumbar intervertebral disc ;slipped disk; 8 Closed chest and hypochondrium injury 9 Subluxation of the sacroiliac joints 10 Piriformis syndrome 11 Lumbar myofasciitis 12 Shoulder periarthrits ;frozen shoulder; 13 External humeral epicondylitis 14 Internal humeral epicondylitis 15 Sprain/contusion of the wrist joint 16 Carpal-tunnel syndrome 17 Strain of the iliotibial band 18 Osteoarthritis of the knee 19 Sprain/contusion of the ankle joint 20 Tenosynovitis of the long head of the biceps brachii 21 Injury to the medial head of the biceps brachii 22 Supraspinatus tendonitis 23 Subacromial bursitis 24 Bursitis of the olecranon 25 Stenosing tendosynovitis of the radial styloid 26 Phalangeal tendosynovitis 27 Ganglion cyst 28...



[Read Illustrations Of Tuina Therapy Online](#)



[Download PDF Illustrations Of Tuina Therapy](#)



[Download ePUB Illustrations Of Tuina Therapy](#)

See Also



[PDF] Fox All Week: Level 3 (Paperback)

Follow the link under to download and read "Fox All Week: Level 3 (Paperback)" document.

[Download PDF »](#)



[PDF] Read Write Inc. Phonics: Blue Set 6 Non-Fiction 1 Save the Whale (Paperback)

Follow the link under to download and read "Read Write Inc. Phonics: Blue Set 6 Non-Fiction 1 Save the Whale (Paperback)" document.

[Download PDF »](#)



[PDF] My Windows 8.1 Computer for Seniors (2nd Revised edition)

Follow the link under to download and read "My Windows 8.1 Computer for Seniors (2nd Revised edition)" document.

[Download PDF »](#)



[PDF] McGraw-Hill Reading Phonics And Phonemic Awareness Practice Book, Grade 3 (2001 Copyright)

Follow the link under to download and read "McGraw-Hill Reading Phonics And Phonemic Awareness Practice Book, Grade 3 (2001 Copyright)" document.

[Download PDF »](#)



[PDF] How The People Found A Home-A Choctaw Story, Grade 4 Adventure Book

Follow the link under to download and read "How The People Found A Home-A Choctaw Story, Grade 4 Adventure Book" document.

[Download PDF »](#)



[PDF] What is in My Net? (Pink B) NF

Follow the link under to download and read "What is in My Net? (Pink B) NF" document.

[Download PDF »](#)



[PDF] 9787111391760HTML5 game developed combat (Huazhang programmers stacks) (clear and full(Chinese Edition)

Click the link listed below to download and read "9787111391760HTML5 game developed combat (Huazhang programmers stacks) (clear and full(Chinese Edition)" file.

[Download Document »](#)



[PDF] Ip Man Wing Chun Basics (the movie Ip Man director Sin Kwok. Ip Man master(Chinese Edition)

Click the link listed below to download and read "Ip Man Wing Chun Basics (the movie Ip Man director Sin Kwok. Ip Man master(Chinese Edition)" file.

[Download Document »](#)



[PDF] Readers Clubhouse B Just the Right Home (Paperback)

Click the link listed below to download and read "Readers Clubhouse B Just the Right Home (Paperback)" file.

[Download Document »](#)



[PDF] YJ] New primary school language learning counseling language book of knowledge [Genuine Specials(Chinese Edition)

Click the link listed below to download and read "YJ] New primary school language learning counseling language book of knowledge [Genuine Specials(Chinese Edition)" file.

[Download Document »](#)



[PDF] Under the ninth-grade language - PEP - Online Classroom

Click the link listed below to download and read "Under the ninth-grade language - PEP - Online Classroom" file.

[Download Document »](#)



[PDF] TJ new concept of the Preschool Quality Education Engineering the daily learning book of: new happy learning young children (2-4 years old) in small classes (3)(Chinese Edition)

Click the link listed below to download and read "TJ new concept of the Preschool Quality Education Engineering the daily learning book of: new happy learning young children (2-4 years old) in small classes (3)(Chinese Edition)" file.

[Download Document »](#)