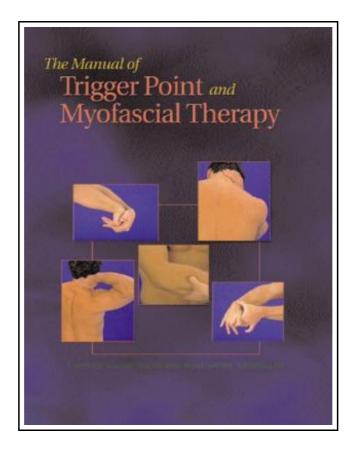
# The Manual of Trigger Point and Myofascial Therapy



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# Reviews

If you need to adding benefit, a must buy book. It really is writter in straightforward words and phrases and not confusing. You will not feel monotony at anytime of your respective time (that's what catalogues are for concerning if you ask me).

(Dr. Celestino Treutel)

#### THE MANUAL OF TRIGGER POINT AND MYOFASCIAL THERAPY



Slack Incorporated. Paperback. Book Condition: New. Paperback. 264 pages. Dimensions: 11.2in. x 8.3in. x 0.5in.The Manual of Trigger Point and Myofascial Therapy offers the reader a comprehensive therapeutic approach for the evaluation and treatment of Myofascial pain and musculoskeletal dysfunction. This userfriendly manual will serve as a quick reference for clinically relevant items that pertain to the identification and management of trigger points. The first section of the book covers the theory and current research regarding the Myofascial Trigger Point Syndrome. The research is the most current and up-to-date available on the pathogenesis of Myofascial dysfunction, clinical symptoms, physical findings as well as diagnostic criteria. Treatment methods and techniques are also covered in a comprehensive and step-by-step format. The second section includes the most important muscles that tend to have a higher incidence of the Myofascial involvement. Each muscle is supplemented by two pages of text and illustrations to better aid the student or clinician in an institutional or practicing setting. The muscle page contains a plethora of information for the reader including muscle origin, insertion, location of trigger points, referenced pain patterns, myofascial stretching exercises, positive stretch signs, and biomechanics of injury. Extensive full-color illustrations and pictures include treatment techniques, therapeutic interventions and patient home exercise programs. This innovative and concise new clinical reference guide is perfect for the student learning about the diagnosis and treatment of the Myofascial Trigger Point Syndrome or therapist interested learning or applying this successful and effective method of treatment. This item ships from multiple locations. Your book may arrive from Roseburg, OR, La Vergne, TN. Paperback.



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