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## Wilderness & Travel Medicine: A Comprehensive Pocket Guide, Adventure Medical Kits

By Eric Weiss

Mountaineers Books. Paperback. Book Condition: new. BRAND NEW, Wilderness & Travel Medicine: A Comprehensive Pocket Guide, Adventure Medical Kits, Eric Weiss, First published in 1992, "Wilderness & Travel Medicine" has been a staple of the emergency first-aid kits sold worldwide. With this fourth edition, "Mountaineers Books and Adventure Medical Kits" have partnered to release an updated, standalone reference for anyone who ventures away from civilisation. Topics covered include everything from CPR, shock, and fractures to head, eye, and dental injuries, poisonous reactions, frostbite, hypothermia, heat illness, and much, much more. Throughout the text, sidebars provide useful and improvised techniques for specific injuries. In addition, there is "When to Worry" advice explaining how to tell if an injury is advancing in severity, despite attempts to arrest or slow down dangerous symptoms. The author Eric Weiss, MD is a nationally recognised expert in wilderness medicine. It covers both illnesses and injuries. It includes improvised techniques for when medical supplies aren't on hand. Every section has been updated and new illustrations added to this edition.



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