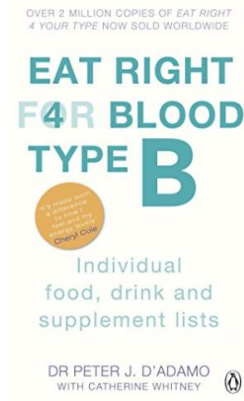


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EAT RIGHT FOR BLOOD TYPE B: INDIVIDUAL FOOD, DRINK AND SUPPLEMENT LISTS



Penguin Books Ltd. Paperback. Book Condition: new. BRAND NEW, Eat Right for Blood Type B: Individual Food, Drink and Supplement Lists, Peter J. D'Adamo, "The Eat Right 4 Your Type" is a portable and personal blood type guide to staying healthy and achieving your ideal weight. It's science! Different blood types mean different body chemistries. Eating foods that your blood type can process easily can help you lose weight and ward off illness - as well as giving you bags...

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